



Work Experience Opportunities at Eastridge

- Co-op
- Career Internship Program
- Kodak Co-op Program
- Youth Apprenticeship Program
- Wegmans Apprenticeship Program
- Student Aide Program

For more information about the Work Experience Program, contact
Mrs. Denise Hourihan
Work Experience Coordinator
Room S18



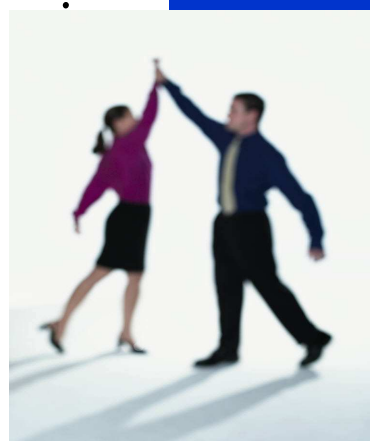
Eastridge High School

Work Experience Program

Get the Experience of a Lifetime

Information for Students and Parents

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Student Employment Options

Cooperative Work Experience Program (Co-op)

This paid work experience program gives you a true learning opportunity for the transition from school to post-secondary education and/or work. Students complete 300 hours of work and earn one high school credit.

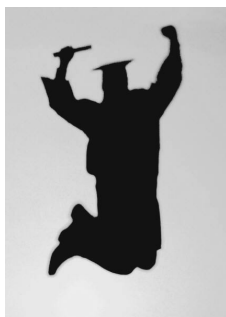
Career Internship Program

Students participate in an unpaid work experience to gain an in-depth view of a career of interest. Students typically work for 80 hours outside of the school day and earn high school credit.

**BOTH PROGRAMS INCLUDE
A CLASSROOM INSTRUCTION
COMPONENT.**

What are the benefits?

There are many benefits for students participating in the Co-op or Career Internship Program:



- Earn high school credit for work
- Gain in-depth knowledge of a chosen career
- Work experience programs are viewed favorably on college applications
- Students may establish connections leading to future or continuing employment
- Gain valuable work and life skills like time and money management
- Students are more motivated when they are able to see the connection between school and career



What are your responsibilities?

- **Attend Work Experience class**
- **Complete application and meet with coordinator**
- **Submit all necessary paperwork with signatures**
- **Be a responsible, hard-working employee**
- **Complete all assignments related to internship or co-op**

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